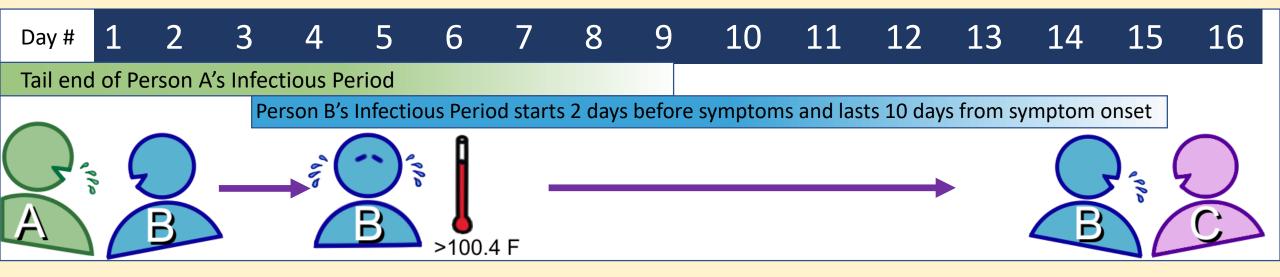


COVID-19 symptoms may include:

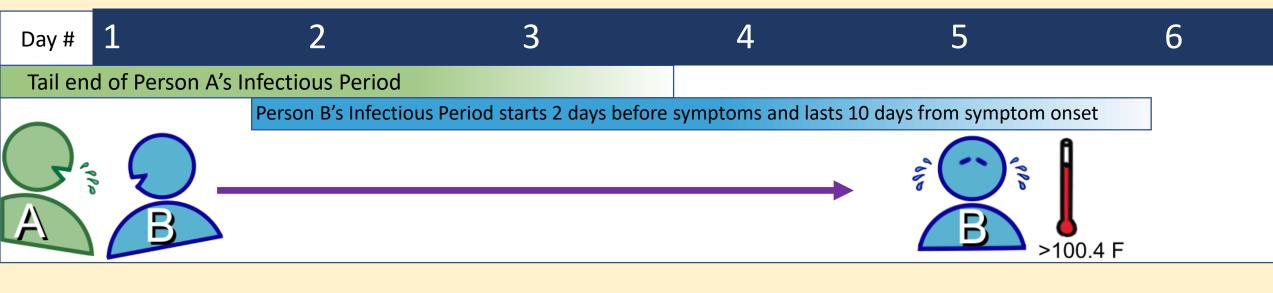
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches

- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea





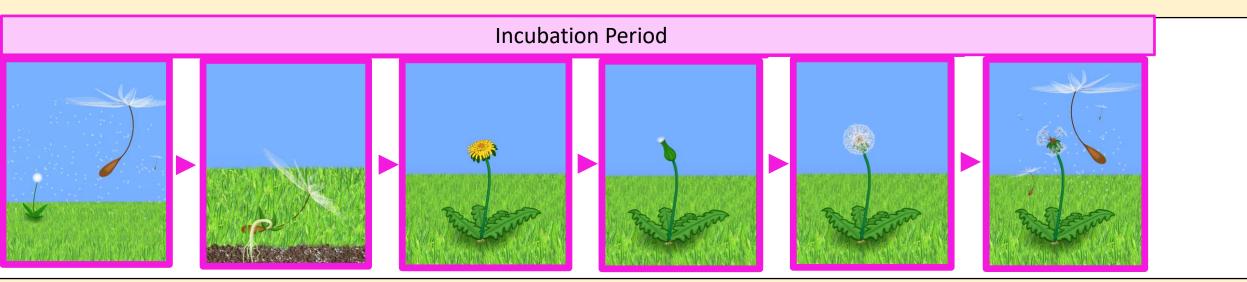
The way viruses spread from person to person follows many of the rules that wildflowers and weeds use to spread across a lawn or empty lot.

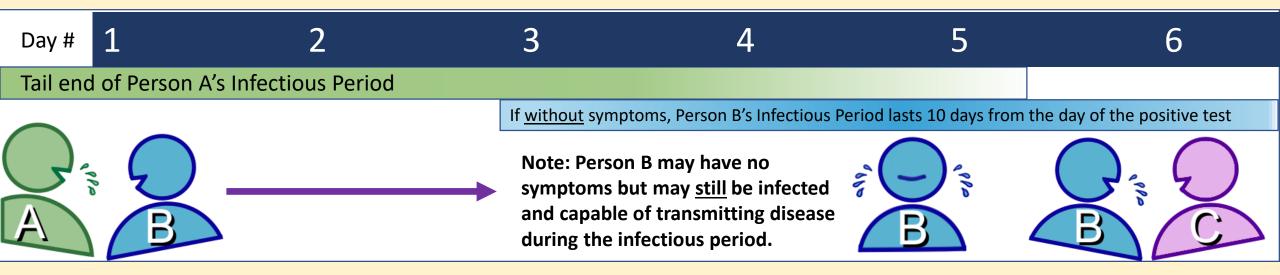


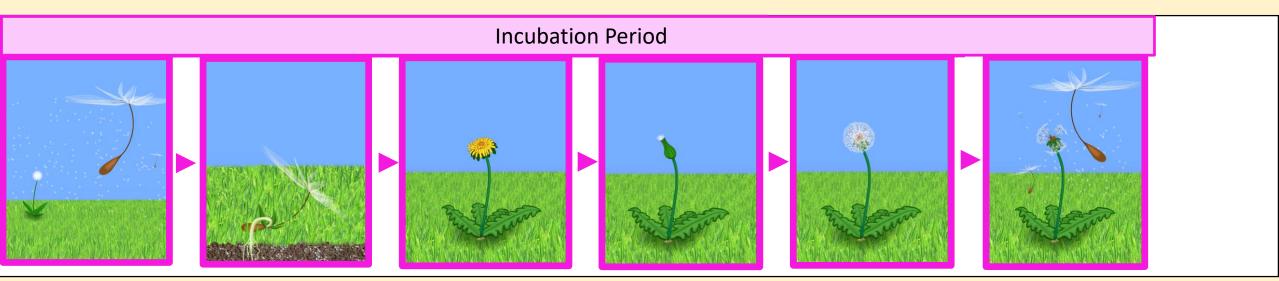


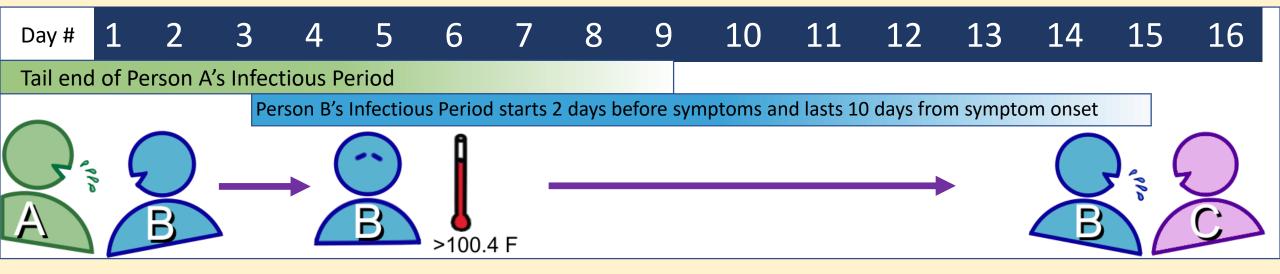
Most people are familiar with weeds spreading across a lawn or empty lot. Weeds spread much more slowly than the COVID-19 virus. However, because viruses and weeds follow many of the same rules as they spread, comparing the two processes may help us understand how, why and when masks work to keep viruses from spreading.

| Day # | 1 | 2 | 3 | 4 | 5 | 6 |
|----------|----------------------|---------------|---|---|---|----------|
| Tail end | l of Person A's Infe | ctious Period | | | | |
| | | | Person B's Infectious Period starts 2 days before symptoms and lasts 10 days after symptoms start | | | |
| | | | Person B can shed virus before feeling ill, just like weeds can release seeds before they are fully grown. | | | |
| A | B | | | | | >100.4 F |





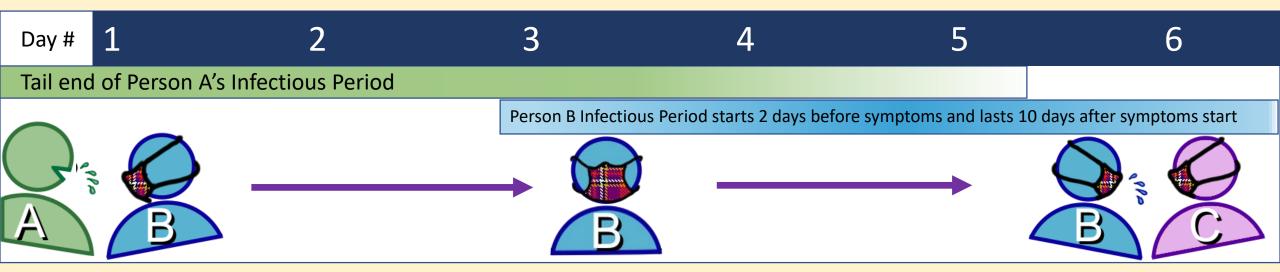


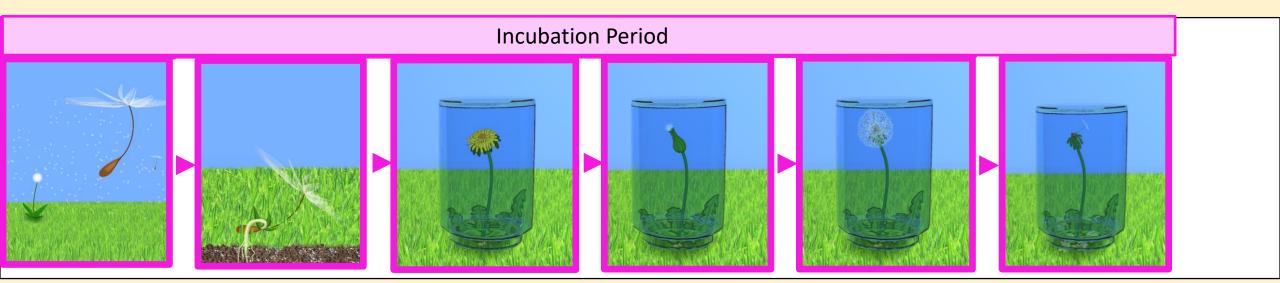


If each weed makes enough seeds to grow more than one new weed, the weeds will spread. If one person infected with a virus infects more than one other person, the virus will spread. We call this number the "Reproduction Number." If this number is more than one, the virus will spread just like the weeds.



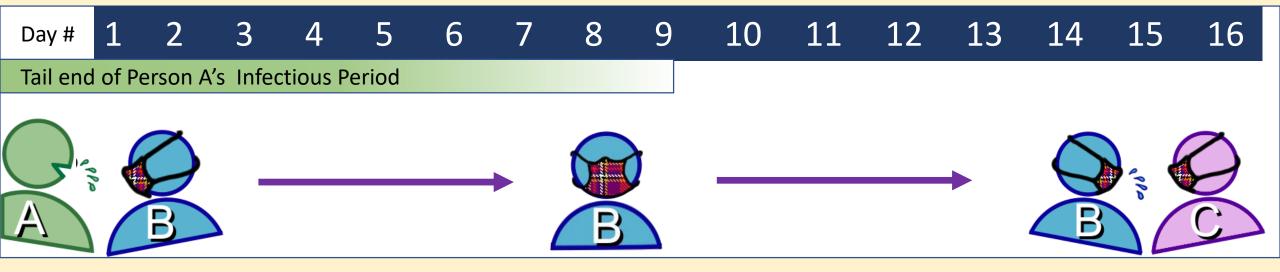
How to keep COVID-19 from spreading: Wearing a mask is part of the strategy





How to keep Weeds from spreading using the same strategy

How to keep COVID-19 from spreading: Wearing a mask is part of the strategy



Person B is not likely to be infected because she wore a mask when she was with Person A. However, even if Person B <u>did</u> become infected, she does not transmit infection to Person C because she wears a mask. A mask – used at all times with or without symptoms – prevents viruses from spreading just like the jar prevented seeds from spreading the weeds.



How to keep Weeds from spreading using the same strategy